7th Grade Volunteer Hours

Acting as the Hands and Feet of Jesus, you will work towards making someone's life easier or helping a charity with their mission.

You will complete 10 Volunteer hours. 6 hours with an organization, 4 hours for neighbors or family.

All service hours are due by April 12, 2026

Student Name_____

Date of		Hours	Name of Organization/ Recipient of		
Service	Service performed	Completed	Service	Name of Supervisor	Supervisor Phone #

Write a short reflection on your favorite volunteer experience. What did you learn about from volunteering? How did you find value in your work? What feelings or thoughts did you experience? How was your experience different from what you expected? (Continue on back of page if needed).