

St. Christina Sacrament Formation



Handbook for Confirmation

2025-2026

Confirmation Requirements

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CONFIRMATION PREPARATION

Welcome to your Confirmation year. This is a big year in your faith life and you should know that there are many people ready to support you on this journey. All of the priests, principals, teachers, parishioners, your families and classmates are all praying for you.

As part of your preparation for Confirmation, there will be several decisions you need to make this year as you grow into adulthood as a Catholic. Each one is personal to you and involve choosing and interviewing your sponsor, picking a Catholic Saint to be your Confirmation Name and how you will volunteer in service to the Church, community, neighbors or family. You will also be participating in two retreats, one with your parents and sponsors and one with the other Confirmand. You will be doing some writing that includes a report on a saint and a written letter of intent to the Bishop. Like Baptism and Communion, Confirmation is a Sacrament given to us by Jesus. Your parents chose to have you Baptized and make your Communion. Confirmation is a Sacrament that you are choosing to commit to Jesus and his teachings of the Catholic Church.

Parental Involvement Matters!

Parental Involvement in preparing for this Sacrament is not only important, it is vital. While the Church is here to assist, the primary role in the sacramental preparation and religious education belongs to the parent. Your guidance and example are indispensable in forming your child's faith. Please make every effort to remind, encourage and (if need be) insist that your child:

1. Takes time to pray each week
2. Frequently receives the Sacrament of Confession (Recommended once a month)
3. Do things with the student to help grow in the faith such as family prayers, works of service, learning the faith together and attending mass.
4. Turn in all of his/her Confirmation requirements on time

Reminder, your own practice of the Catholic faith is the greatest lesson you can teach your child. If your faith life is important to you, it's more likely to be important to your child.



Parent Prayer

Loving God, You are the giver of all we possess, the source of all of our blessings. We thank and praise You. Thank you for the gift of our children.

Help us to set boundaries for them, and yet encourage them to explore.

Give us the strength and courage to treat each day as a fresh start.

May our children come to know You, the one true God, and Jesus Christ, whom you have sent.

May You, Holy Spirit, help them to grow in faith, hope and love, so they may know peace, truth and goodness.

May their ears hear your voice.

May their eyes see your presence in all things.

May their lips proclaim your word.

May their hearts be your dwelling place.

May their hands do works of charity.

May their feet walk in the way of Jesus Christ, your Son and our Lord.

AMEN.

CONFIRMATION CANDIDATES

COMMITMENT:

Confirmation is a public statement of faith that indicates a readiness, willingness and ability to take on the rights and responsibilities of a fully initiated member of the Catholic Church. It is a commitment to being a witness to the gospel in words and deeds. According to Catholic doctrine, the faithful are sealed with the gift of the Holy Spirit and strengthened in their Christian life. The Confirmation curriculum focuses on the life and teachings of Jesus, the sacraments and our communal worship in Mass. You are making a commitment to having an open heart to knowing your Catholic faith. Please sign off on the below to confirm you are going to make your best effort in formation.

Attendance

Attendance at Confirmation Masses, Meetings and Retreats is Mandatory for all students in Confirmation Formation. In addition, when you are in attendance, you are expected to have a good attitude and participate in your formation.

I, (Student First & Last Name) _____, understand that I am responsible for attending all events related to Confirmation Formation. When I show up to any events I will exhibit a willingness to be there and participate fully. When I am working on volunteer hours, I will show up and do a good job and show that I am capable of being relied upon. I recognize I am representing Jesus, St. Christina School and myself as I grow in our faith.

Assignment & Paperwork Policy

I, (Name) _____, understand that all forms and assignments are my responsibility to turn into my teacher on time as laid out in the Handbook Checklist. I will keep my handbook in a safe place to refer to regularly. I will be prepared to bring my handbook to class when it is asked for. I will make sure to allow appropriate time to complete all assignments. I will make sure that all turned in work will be neatly written in pen or typed and checked for complete sentences, coherent thoughts, and contain proper spelling and grammar.

FIRST & LAST NAME _____ DATE _____

Part 2 – Confirmation Requirements

Required Meetings/Assignments/Due Dates: All students must turn in their requirements to their teachers. You should make a copy for your own records of each assignment. Below is the list of important dates to add to your calendars. Please keep this checklist in a convenient place to refer to often.

CHECKLIST OF EVENTS/FORMS DUE/ASSIGNMENT DUE DATES*

Required for Confirmation	Due Dates	Time/Place	Completed / Turned-In / Attended √
Enrollment Mass	September 14, 2025	Church 10:30AM	
Confirmation Student Form	September 30, 2025	IN-CLASS	
Baptism & Communion Certificates	September 30, 2025	IN-CLASS	
Confirmation Sponsor Selected*	September 30, 2025	IN-CLASS	
Sponsor Form (Signed & Sealed from their pastor at their Parish)	September 30, 2025	IN-CLASS	
Sponsor Interview	September 30, 2025	IN-CLASS	
Confirmation Saint Project	TBA by Teacher	IN-CLASS	
Confirmand/Sponsor/Parent Retreat	October 28, 2025	Church 6PM	
Confirmandi ONLY Retreat	January 8, 2026	School Hall – BSMT 5PM	
MASS-Presentation of the Cross, Creed & The Lord's Prayer	January 11, 2026	Church 10:30AM	
Volunteer Hours	February 3, 2026	IN-CLASS	
Letter to the Bishop	February 3, 2026	IN-CLASS	
Shield Artwork Completed	February 3, 2026	IN-CLASS	

**Assignment due dates are the final day to turn the assignment in. Please make sure you have completed your work in advance of the due date.*

Candidates Prayer

Spirit of God, grant me:

The gift of wisdom, to see the world through your eyes;

The gift of counsel, to make difficult decisions;

The gifts of knowledge and understanding, to use my mind to know you and to love you;

The gift of fortitude, to have the courage to live in faith despite the difficulties and disappointments;

The gift of piety to be able to express my special love and commitment to you;

And the right kind of awesome fear that makes me pause to wonder and revere God's Love. Amen.



REQUIRED SPECIAL ATTENDANCE DAYS FOR ALL CONFIRMATION CANDIDATES:

Sunday, September 14, 2025 - MASS of Enrollment 10:30AM at St. Christina Church

Tuesday, October 28, 2025 – RETREAT night for Candidates, Parents and Sponsors 6PM at Church

Thursday, January 8, 2026 – RETREAT for Candidates Only 5PM at St. Christina School Hall Basement

Sunday, January 11, 2026 – MASS Presentation of the Cross, Creed and The Lord's Prayer 10:30AM at Church

REQUIRED FORMS: ALL REQUIRED FORMS/WORKSHEETS AT THE END OF THE HANDBOOK.

Confirmation Information Form

The Confirmation Information form must be filled out and given to the Coordinator of Religious Education office no later than September 30, 2025. You will need to have your sponsor listed on this form. They must be a practicing catholic. Please see below under the CHOOSING YOUR CONFIRMATION SPONSOR section about requirements for being a Sponsor and how to pick the right sponsor.

Baptismal & Communion Certificates

Baptism & Communion Certificate copies need to be turned in no later than September 30, 2025. If the Confirmation Candidate was baptized and/or made First Holy Communion at St. Christina, we will need you to fill that out on the Confirmation Candidate Information Form for verification. All candidates must be verified as receiving Baptism and Communion before they may be Confirmed.

Sponsor Verification Form

The Sponsor Form must be signed by their parish priest with a parish seal affixed to the form and returned to us no later than September 30, 2025. This is true even if your sponsor is a member of St. Christina. **Important Note: If the person that your child has chosen to be his or her sponsor is not in a marriage recognized as licit by the Catholic Church, or if he or she does not attend Mass regularly, or is not a Catholic in good standing, your child will need to choose another person to be his or her sponsor. Please make sure the chosen person is actually eligible to be your child's sponsor!**

Choosing Your Confirmation Sponsor:

Each Confirmation Candidate must have a sponsor to assist them in their preparation and to stand with them at the Confirmation ceremony. It is important that parent's guide the Confirmation Candidate in choosing a sponsor who:

- A Catholic who has received the Sacrament of Confirmation.
- Leading a life of faith in keeping with the Sacrament to be taken on.
- Is an active and practicing Catholic regularly attending Mass on Sundays and Holy Days of Obligation.
- At least 16 years of age.
- Not the father or the mother of the Confirmation Candidate.

Parents may not serve as sponsors, but siblings over the age of 16 and other relatives may. Canon Law does not allow for us to make exceptions to any of the above requirements for any reason. Even the Bishop has not been given the authority to give dispensation from any of these stipulations.

The Church recommends that the candidate choose one of his or her Godparents as a sponsor since through Confirmation the work of the Holy Spirit begun in Baptism is completed. (Note: if your child's Godparent is no longer a Catholic in good standing, your child needs to choose someone else to be his or her sponsor). If the sponsor cannot be present at Confirmation, a proxy may be designated. Please note, however, that a parent cannot be a proxy, the proxy must meet all of the requirements of a sponsor (listed above), and you must have a Sponsor.

Certificate on file in the Religious Education Office for a proxy no later than September 30, 2025. In case of an emergency requiring a proxy closer to the time of Confirmation, please contact the Religious Education Office immediately. A proxy should be designated an exception, not as the rule.

The sponsor should be a person that the Candidate can easily have contact with even if by telephone or email.

Sponsors – Frequently Asked Questions

1. Can a non-Catholic who is a very strong Christian serve as a sponsor? No. Only an active and practicing Catholic can serve as Confirmation sponsor.
2. Can my child have two sponsors? No. There is some confusion about this because a child has two Godparents when baptized. But for Confirmation, only one sponsor is permitted per Candidate.
3. Can two children have the same sponsor? Yes. If that is going to be the case, please let us know so we can work out the particular details for seating and such.
4. What if my child's sponsor can't make it to Confirmation? A proxy can be appointed. See the information in the above section for details.
5. If the person my child wants as sponsor is 15 now, but will turn 16 by Confirmation, can that person be my child's sponsor? Yes. The sponsor must be 16 on the day of Confirmation. It is OK if he or she is not yet 16 throughout your child's entire Confirmation preparation process
6. If the person my child wants as sponsor will turn 16 the day after Confirmation, can that person be my child's sponsor? No. The sponsor must be 16 on the day of Confirmation. We have no authority to make exceptions to this rule.
7. If the parish that my child's sponsor belongs to wants to submit their own sponsor certificate instead of the one provided by Saint Christina, is that acceptable? As long as all of the information provided is the same, this is fine. If the other certificate is more general, however, your child's sponsor will need to fill out the one that we have provided and get it signed. It is best to check with us if this happens.

CHOOSING YOUR CONFIRMATION SAINT:

Saint Project – Choosing a Confirmation Saint

Choosing a saint name is an essential part of Confirmation and it is an acknowledgement that the Holy Spirit will change you through the grace of this Sacrament. We see in Scripture that Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, a new person. For example, Abram became Abraham (Genesis 17:5), Sarai became Sarah (Genesis 17:15), and Simon became Peter (Matthew 16:18). When choosing a saint, you should choose someone who exemplifies a quality that you wish to have, somebody whose life you want to emulate, or somebody you have something in common with. You should also be asking for the prayers and intercession of the saint that you choose.

When you choose a saint, and begin to pray for their intercession, he/she becomes your patron saint for the rest of your life! If you are musically inclined, you might select St. Cecilia, the patroness of musicians and singers. If you admire purity, St. Maria Goretti, virgin and martyr, would be a great intercessor. If you admire courage St. Jose Sanchez del Rio might be someone to consider. If you are always putting other people before you, Maximillain Kolbe may be of interest. There are thousands of saints that are acknowledged for a wide variety of reasons.

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CHOOSE YOUR SAINT NAME

When choosing a Saint, consider these questions: Is there a particular saint you relate to? What have you struggled with? (example: anxiety and worry – Saint Dymphna); What do you enjoy? (example: animals – St. Francis of Assisi); What talent has God gifted you with? (example: sports – St. Sebastian); What qualities do you value most? (example: honesty – St. Teresa of Avila). Make sure to ask God to help you choose a saint to whom you can relate and learn; a saint that you would like to have praying for you for the rest of your life and a Saint to help you on your journey to becoming a Saint.

Once you've chosen your confirmation saint, write the name of the Saint in your Confirmation Information Form and turn it in to your teacher by September 30, 2025.

Volunteer Hours

Why be a person of service?

Christian service flows out of our Catholic beliefs, which are expressed in the Corporal and Spiritual Works of Mercy. This is a whole set of teaching in our church we refer to as Catholic Social Teaching. Being familiar with these teachings will help you to see how being a person of service can influence the world (and yourself) in a positive way.

As you decide how you want to serve this year, remember the story of Jesus washing the feet of his disciples. No act of service is too small. No person or group unworthy of our care. At your baptism, you were claimed for Christ and called to follow him. When you receive the Eucharist, you become the body of Christ for the world. As a confirmed Catholic, you are sent forth to be Christ's witness in the world. We give witness to Christ when we put our faith into action.

Hours Required:

You are to complete 10 Hours of service. 6 hours should be with an organization, 4 hours may be used for neighbors or family members. All service is to be done without pay and with a good spirit. Jesus tells us to say yes when we mean yes and no when we mean no. So find the opportunities that help you to grow. Volunteer Hours Due February 3, 2026.

Volunteer Ideas within 20 minutes of Mt. Greenwood.

Sister Ann Vincent Ministry – Located right here at St. Christina, Sister Ann has many volunteer activities throughout the year. Homebound meals meets 1X a month to prepare food for our parishioners that cannot leave their homes easily. She also has small group opportunities right after school. For more information reach out to her at sisterann@stchristinaparish.org. Her phone number is 773-445-6779.

Burrito Brigade – Make Burritos for the homeless. Meets 1x a month at Morgan Park Presbyterian Church. Go to Facebook – Burrito Brigade Chicago to register to volunteer.

St. Christina Beautification Program – Come out and volunteer 1x a month to clean up the grounds over the summer. Wear comfy clothes and be ready to pick up garbage and pull weeds. Moms and Dads, if you have plants that you can divide, we would like to plant some easy-care plants on the East side of the school in August. Dates will be listed on the Religious Ed Website and an email will be sent prior to the dates- Pam Waldrom will be supervising this service.

Lake Katherine – Do some outdoor work. Lake Katherine offers service opportunities throughout the year. Go to their webpage for more information. www.lakekatherine.org

Local Library – Previously emailed to parents. Please contact your local Library branch to ask about ongoing volunteer opportunities.

Pro Labore Day (Feed My Lambs)– Sort, bag and distribute groceries to needy families. St Stanislaus Catholic Church. 14416 S. McKinley Ave, Posen. www.facebook.com/PLDFeedMyLambs for more information. (We have worked with them in the past and they are a wonderful organization)

Ronald McDonald House – Meals from the Heart. Grab 5 friends and 2 parents and make a meal at RMH in Oak Lawn for Hope Children's Hospital Families. Go to their website to find out more information. <https://rmhccni.volunteerhub.com/vv2/lp/advocatemeals/>

Operations Blessings of Southwest Chicagoland – Volunteer at a food pantry. 4901 W. 128th Place, Alsip, IL. <https://opblessing.org>

Meals on Wheels – Greeting Card Artist - Want to put your artistic skills to work? MoW are looking for people to create greeting cards, which are delivered to our senior citizens on Birthdays, Holidays and as way to let them know someone cares. Parents will turn in cards to the RE office to be mailed. We will give a total of 1 service hour for 6 Cards thoughtfully made. No more than 1 service hour total will be given for this service.

Mount Greenwood Business Association. – Please contact the Mount Greenwood Business Association to help out with seasonal events like the Tombstone 5K or the Business Holiday Stroll. Besides these events, there are opportunities to help clean up the garden at the corner of 111th Kedzie.(Under the Mt. Greenwood sign. For more information, email Jamie Berten at mgcba2013@gmail.com.

Oak Lawn Children's Museum - Youth Volunteer - This program provides opportunities for teens ages 13 to 17 to assist with event activities and interact with museum visitors. Here are just a few things you may be asked to do as a volunteer at the museum...helping families do art projects in the art room, facilitating a science activity, playing with children in the museum and assisting with cleaning and resetting museum exhibits. Hours are flexible during regular museum hours and at special events. If you are interested in becoming a volunteer, please fill out a youth volunteer application and sign up for youth volunteer orientation. www.cmoaklawn.org

Evergreen Park Food Pantry – Food Pantry with many volunteer opportunities. www.eppantry.org.

Pat's Pantry – Food Pantry at Mount Greenwood Community Church 3509 W 111th St, Chicago, IL 60655 – Contact Kathy Turney at CavalloneKathleen@gmail.com

Letter to the Bishop

Letter to the Bishop requesting Confirmation:

This letter must be TYPED and PROOFED for spelling and grammar. Each Confirmand will sign the letter in black ink before turning it in to be mailed to the Bishop.

The letter to the Bishop is stating your desire to be confirmed. The letter should be personal and not part of a form letter. In their own words and style, the young people are encouraged to introduce themselves to their Bishop, speak of the importance the Catholic Christian Faith in their lives, and explain their preparedness for the reception of this final Sacrament of Initiation. They may speak of their patron saint or their time of service. The letter is your own description of your personal faith journey so far. They are also a reflection on both you and on St. Christina Church, so please write what is in your heart and take this endeavor seriously.

A LETTER TO THE BISHOP REQUESTING THE SACRAMENT OF CONFIRMATION

Here are some guidelines. These topics should be covered, in your own words and style. All letters should be typed and you should check your spelling and grammar.

GREETING

Start your letter with the proper greeting – **Your Excellency,**

BODY OF LETTER

Paragraph 1 Introduce yourself. Say something about your family, your education and your parish

Paragraph 2 Request the sacrament. Give several reasons why you would like to be confirmed

Paragraph 3 Explain how you have prepared for the sacrament. It is important that you talk about specific parts of your preparation: your prayer life, your celebration of the other sacraments, your service hours, your sponsor's name and why you chose them and/or your saint's name and why you chose it.

Paragraph 4 Tell what difficulties young people today face and how you will continue to carry out your life of service to God and others through the power of the Holy Spirit. Tell how you plan to make your Confirmation in the Faith real and alive in your life.

CONCLUSION

Conclude the letter and include your complete signature

Use the above as a guideline for writing your letter to the Bishop. Everyone's will be different, as each of you have had a different experience. Most importantly is should be your own work and a personal reflection of your journey.

The Letter to the Bishop is Due February 3, 2026. Please direct any questions to the Religious Education Department or your teachers.

Shield Art Project

This shield is designed to remind, inspire, and encourage the soon-to-be confirmed of the gifts bestowed on them by the Holy Spirit. Help your students be prepared to spread and defend their faith thanks to the graces of the Holy Spirit. You will have some time in class to work on this. Due February 3, 2026.

Create

1. Once you have determined your Confirmation name you will receive a cardstock shield with instruction from your teachers on how to create the project.

2. Plan out how you want to design your shield. On the shield should be your confirmation name and the gifts given to you by the Holy Spirit. The 7 gifts represented on the shield are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of God.

Wisdom is the ability to exercise good judgment. It distinguishes between right and wrong, seeks and upholds truth and justice, and balances personal good with the common good. It is in touch with reality, demonstrates common sense and is prudent. It often increases as a person advances in years and gains life experience.

Understanding is the gift of intelligence and enlightenment. It is the ability to think clearly; to perceive, comprehend and interpret information; and to have insight and discern meaning.

Counsel is good advice. It is the ability to teach, inform, guide, direct, warn, admonish, recommend and encourage. It is not limited to the giving of advice but extends to the ability to graciously receive it. The gift is needed by parents, teachers, coaches, supervisors, mentors, therapists, lawyers, clergy, consultants, elders and spouses — anyone who offers advice to others.

Fortitude is an unwavering commitment to God or a proper course of action, and it shows itself as moral strength, courage, determination, patient endurance, long suffering, a resolute spirit, stamina and resiliency.

Knowledge is the ability to study and learn; to acquire, retain and master facts and information; and to put what is learned to good use for constructive purposes.

Fear of the Lord is awe, reverence and respect for God. It acknowledges that everything comes as a gift from God, downplays personal achievement and self-sufficiency, and gladly offers praise, worship and adoration to God.

Piety is personal holiness, and it includes devotion to God, prayer, virtue, goodness, decency, self-mastery, innocence, the avoidance of sin and obedience to God's will.

■ ■ You should strive to make the shield represent you in the design of the project. Some common symbols that may be on your shield is a flame, dove, book or cross.

3. After the shields are complete turn them into your teachers. Religious Education turn in February 3, 2026.



General Information

MEETINGS

Please plan to attend all of the listed events and meetings.

Retreat for Parents, Sponsors and Confirmand on October 28, 2025 at 6PM in St. Christina Church

Confirmand(only) retreat at St. Christina Parish on January 8, 2026 from 5PM-8:30PM.

MASSES

Rite of Election Mass for Confirmand, Parents & Sponsors on September 14, 2025 at 10:30AM

Presentation of the Cross, Creed and The Lord's Prayer Mass for Confirmand, Parents & Sponsors on January 11, 2026 at 10:30AM

Tips for Parents

Sometimes the Confirmation Preparation process can seem a bit overwhelming and so we try to make it as simple as possible for you to be as informed as possible throughout the process. The following tips might help to make the year go more smoothly:

- **Keep this handbook in a safe, accessible place. The answers to many of the questions that come up throughout the year can be found in this book. If you are confused about anything, we encourage you to look through this book to see if the issue is addressed.**
- **Please check for emails from the Religious Education Department or the Saint Christina Office frequently. This is our best form of communication.**
- **Make copies of important items that your child turns in (sponsor certificates, service hour logs – items that require others signatures, etc.).**
- **Call or email Religious Education Office at ReligiousEd@stchristinaparish.org if you have any questions or concerns, or suggestions for our Confirmation Preparation program.**
- **Pray for our Candidates. The grace of God is the most precious and powerful gift that our Candidates can receive throughout this process and throughout their lives.**

Confirmation Preparation Fee

In addition to the regular materials that we provide for all of our Faith Formation students, our Confirmation Candidates are provided supplemental materials, retreat fees and a robe for Confirmation. In addition, we provide items for the Confirmation Mass such as programs, and reception items. In order to cover the cost of these materials, there is an additional \$100.00 fee for Sacramental Preparation in addition to Tuition. This fee is due at the time of registration for Faith Formation. If payment of the fee presents a hardship to your family, please contact the Faith Formation Office to discuss financial assistance.

St. Christina Parish Confirmation Information Form

All areas of this form must be completed in full. Please print clearly.

This Form is DUE no later than SEPTEMBER 30, 2025.

In accordance with the Archdiocese of Chicago, it is **required** that the information requested below is verified and recorded **prior to receiving the Sacrament of Confirmation.**

Child's Full Name _____ Male / Female (circle)
(Last) (Middle) (First)

Date of Birth _____ City of Birth _____ State _____ Country _____

Confirmation Saint Name _____

Sponsor's Full Name _____ Relationship _____

Sponsor's Email Address _____

BAPTISMAL/FIRST HOLY COMMUNION INFORMATION

Please provide a copy of the Baptismal & Communion Certificate with this completed form: Check here if baptized at St. Christina ☐

Child's Name on Baptismal Cert. _____

Date of Baptism: Month _____ Date _____ Year _____ City of Birth: _____

Church of Baptism _____ City _____ State _____

Made FIRST HOLY COMMUNION at St. Christina: Month _____ Year _____.

Made FIRST HOLY COMMUNION at another parish: Name of Parish _____ YEAR _____

PLEASE COMPLETE SECTION IN-FULL.

PARENT/LEGAL GUARDIAN INFORMATION

Father's First Name _____ Last Name _____

Mother's First Name _____ Last Name _____

Mother's Maiden Name _____

Street Address _____ City _____ State _____ Zip _____

Home Number _____ Cell Number _____

EMAIL ADDRESS: _____

Signature _____ Date _____

**COMPLETE EACH SECTION: ATTACH A COPY OF THE BAPTISMAL/COMMUNION CERTIFICATE.
DUE NO LATER THAN SEPTEMBER 30, 2025.**

SPONSOR FOR CONFIRMATION

St. Christina Catholic Church
11005 S. Homan Ave., Chicago, IL 60655
Rectory: 773 - 779 - 7181

Confirmation Sponsor: Fill out this form entirely and have it signed and sealed with your Parish Church Seal.
Please return to St. Christina Parish via Mail or drop off at the Rectory, Attention: Religious Education.

THIS FORM MUST BE SIGNED BY THE SPONSORS CURRENT PRIEST OR DEACON, IN-PERSON, BEFORE THIS FORM IS RETURNED. PLEASE TURN INTO ST. CHRISTINA RE OR THE RECTORY BY SEPTEMBER 30, 2025.

Qualifications to be a Sponsor:

I agree that I am:

- ❖ at least sixteen years old.
- ❖ a Catholic who has been received the Sacrament of Confirmation.
- ❖ leading a life of faith in keeping with the Sacrament to be taken on.
- ❖ attending Mass faithfully.
- ❖ in right relationship in the Church.
- ❖ not the father or mother of the one to be baptized or confirmed.

Name of Confirmand: _____

Name of Sponsor: _____

Address: _____ Phone: _____

Email: _____

City: _____ State: _____ Zip: _____

Signature: _____ Date: _____

My signature testifies that I am in compliance with the above qualifications & I accept this responsibility.

My Parish Name: _____

Parish Address: _____

Parish City & State: _____ Parish Phone: _____

The above person is a registered (or has just registered) as member of the above parish and understands the importance of attending Mass faithfully as part of accepting this responsibility of being a Godparent/Sponsor.

Priest/Deacon Signature: _____ Date: _____

THIS FORM MUST BE SIGNED BY THE SPONSORS CURRENT PRIEST OR DEACON, IN THE SPONSORS PRESENCE, BEFORE THIS FORM IS RETURNED, EVEN IF YOU ATTEND ST. CHRISTINA PARISH. PLEASE TURN INTO ST. CHRISTINA RE OR THE RECTORY BY SEPTEMBER 30, 2025.

Comments: _____

CHURCH SEAL

SPECIAL REQUESTS FOR CONFIRMATION:

Dear Parents,

Please fill this form out ONLY if this applies to you. This must be returned by February 1, 2026.

If you have special seating needs for a member of your family at the Confirmation Mass in 2026, we are now in need of that request so seating charts can be prepared. Please complete the bottom portion of this letter and bring this to your homeroom.

Special Needs Request for Confirmation Mass

Confirmandi's Name: _____ R.E. or St. Christina (please circle one)

1) Yes, I will need special seating for wheelchairs or those disabled. Please explain:

2) There is another Confirmandi that is an extended family member and both families need to be seated together.

Name of other Confirmandi: _____

3) Does the Confirmandi need a Low Gluten Host? _____

4) Does a family member need a Low Gluten Host? How Many? _____ Gluten Free Hosts will be distributed on the Tabernacle side of the altar. Please come up last in line and let the Priest/Deacon know.

5) Other, special situation. Please explain:

INTERVIEW WITH YOUR CONFIRMATION SPONSOR: In-person or on the phone.

You will speak with your sponsor and answer the below questions. This is not an assignment for your sponsor to fill out, but a way for you to get to know your sponsor and how they might guide you in faith and life. Aim to answer at least a dozen questions with your sponsor.

1. How did you become Catholic? Were you baptized when you were a baby or did you become Catholic as an adult through the RCIA program? Tell me about how you first learned about your faith, whether you were a child or an adult.
2. As a Catholic, what makes you different from other Christians?
3. How do you picture the Holy Spirit? What images come to mind? When or how have you experienced the presence of the Holy Spirit in your life?
4. What name did you choose for your Confirmation name and why?
5. Do you have a favorite saint (or favorite saints)? Why is he/she your favorite? What is there about his/her life that has helped you on your faith journey?
6. How do you define the word “holy?” Do you know people in your life that you would describe as “holy?” Do you think anyone describes you as “holy?” How does that make you feel? What challenges do you face when you are trying to live a life of holiness?
7. Tell me about an experience in your life when it was difficult for you to be Catholic - perhaps a time when you were ridiculed because of your faith or a time when you struggled to believe in the teachings of your Catholic faith. What did you do to “keep your faith” or find answers to your questions during these times.
8. In what ways do you feel that celebrating the Eucharist (the Mass) every week (or maybe every day) strengthens and nourishes you to live as a Catholic? Did you ever have a time when you did not like going to Mass? Do you like going to Mass now? What do you think caused the change?
9. What is your understanding of what it means “to sin?” What does “forgiveness” mean to you? What do you do when you find it very difficult to forgive someone who has hurt you? What do you do when you need to ask forgiveness from someone you have hurt?
10. One very special aspect of our Catholic faith is the Sacrament of Reconciliation. Tell me about your own feelings and thoughts about and experiences with this Sacrament. Is it difficult for you to celebrate this Sacrament or was there a time when it was? What kind of preparations do you find helpful before you celebrate the Sacrament of Reconciliation?
11. How do you pray? Do you have a favorite place to pray or a favorite time to pray? Do you ever find it difficult to pray? When you pray, to whom do you usually pray: God, Jesus, The Holy Spirit, Mary, a particular saint? For whom or what do you usually pray?

12. Do you regularly participate in service projects or volunteer opportunities at your parish, work, or in your neighborhood? Describe what you do and how it impacts your life.

13. How would you answer someone who told you that “Catholics worship Mary?” To whom do you turn or what resources do you use when you find that you do not know an answer to a question about your faith?

14. Have you ever had a time in your life when you really felt close to God? Tell me about it.

15. Have you ever had a time in your life when you really struggled to believe in God. Tell me about it and how you kept your faith in the end.

16. Who has been a good role model for you to live according to your Catholic faith? What has he/she taught you or shown you? How has he/she deepened your faith?

17. In what ways do you think you still need to grow in your Catholic faith?

18. What is your favorite Scripture passage, verse or story? Tell me why.

19. What do you think is one of the greatest challenges to being Catholic?

20. What is the best thing about being Catholic?

Don't forget to ask any of your own questions! AND REMEMBER- Your Sponsor should ask you a few too!

Sponsor Interview Reflection Paper

Now that you have interviewed your sponsor, please answer the following questions:

This form must be completed and turned to class September 28 (Sunday RE) September 30 (Tuesday RE)

Confirmation Candidate’s Name: _____

(Please print first and last name)

Date you interviewed your Sponsor: ____/____/____

Sponsor’s Name: _____

Sponsor’s Signature: _____

Sponsor Email Address: _____

* If the interview took place by phone Check here: ☐ Parent may sign above for sponsor.

DIRECTIONS:

After speaking with your sponsor, take a few minutes to reflect on your discussion and answer questions 1 – 4.

1. What was one Faith thing that you learned about your sponsor during your meeting that you did not know?

2. Write about one story or experience that your sponsor shared that you felt showed that he/she was truly strengthened by the Holy Spirit through Confirmation to live a life of holiness.

3. How will your sponsor help you to grow in holiness now that you know a little more about their faith life?

3. Did you make a good choice of who you asked to serve as your Confirmation sponsor? Y / N -If you are not sure if you did, pray about it, talk to your parents, and feel free to talk to your catechists about it.

